

Selecting a Confirmation Saint's Name

Complete and turn in this form by February 4th

Your Confirmation Name: Guidelines allow candidates to choose a special Confirmation name to honor a saint or family member. A chosen Confirmation names must be the name of a recognized saint of the Catholic Church, and need be the same gender as the candidate.

Here are some questions to consider when contemplating selection of a saint as your Confirmation name:

1. Who was the saint (his/her name)?
2. What did he or she do to gain sainthood? Was this person a martyr? If so, how did he or she die?
3. What do you admire about this saint?
4. Why have you chosen to recognize this saint?
5. What are the symbols for your saint? Does this symbolize that he or she is the patron saint of something?

Tips to help candidates choose:

- ◆ Select a saint you want be like. Maybe he or she had similar struggles to yours and found an admirable way to work through those struggles.
- ◆ Ask your parents about whether you were named after a saint, and, if so, why. Do some research to see if your life reflects the life of that saint.
- ◆ Saints were ordinary people who did their best to do God's will. As Mother Teresa said in a conversation with a TV interviewer who asked "What are you trying to do, become a saint?" – "Yes, shouldn't we all strive for that?"